



FOOTBALL
NSW
INSTITUTE

STRUCTURE DOCUMENT
2016 FOOTBALL NSW
INSTITUTE

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EXECUTIVE SUMMARY

OVERVIEW

This paper details the structure for the 2016 Football NSW Institute (**FNSWI**) program.

FNSW proposes the following structure for the 2016 FNSWI, aiming to build on the work conducted in 2015 to provide our players an even better development opportunity, supporting the progression of players to the Westfield W-League and FFA National Teams.

VISION

“FNSW will provide talented footballers a training environment, consistent with FFA policies, that delivers the highest standard of coaching and best platform for those players to realise their personal ambitions of becoming a professional footballer and representing their country.”

MISSION

“FNSW, in a collaborative approach with FFA, will develop and deliver the best talented player program nationally, aligned to FFA objectives.”

“The talented player pathways will be easily recognisable to clubs, parents, players and coaches, consistent with the National Curriculum and FFA and FNSW goals and objectives.”

Key Points:

1. Collaboration between FFA and FNSW, with FNSW delivering the daily management of the program
2. Funding model incorporating FFA, FNSW and participant contributions
3. FNSWI Program, and supporting programs, reflect the National Curriculum
 - Discovery Phase delivered by Football Associations
 - **Skills Acquisition and Game Training Phase delivered by FNSW Institute and NPL Clubs**
 - Performance Phase delivered by Clubs (WWL, National Premier League)
4. “Team” of FNSWI coaches led by the FNSW Technical Director

2015 FOOTBALL NSW INSTITUTE STRUCTURE

OVERVIEW

Following is a brief outline of boys and girls programs conducted in 2015.

PROGRAM DURATION AND COMPOSITION

Duration

The program commenced in November 2014 and concluded in September 2015 prior to the commencement of the trials for the 2016 program in October 2015. The total duration of the program, incorporating a break over the Christmas / New Year period is 40 weeks.

Composition

The program was comprised of a trial period followed by:

- pre-competition training phase conducted over a 12 week period between the conclusion of the trials and beginning of the National Premier Leagues NSW Men's and Women's leagues;
- competition training phase conducted over a 24 week period between the conclusion of the trials and of the respective National Premier Leagues NSW Men's and Women's premierships; and
- post-competition training phase incorporating the period between the end of the Premiership, participation in the Championship where relevant, until the commencement of the trials for the 2015 program.

Goal Keeper Program

Goal keepers in the FNSWI program participated in specialised goal keeper training delivered by FNSW Goal Keeper Coaches. Additionally, the keepers joined team training with their respective FNSWI squads and National Premier Leagues NSW Men's teams, in the case of dual registered keepers.

Additional Learning

FNSWI players were offered additional learning opportunities in the form of participating in international tournaments which featured world class opposition:

- Tokyo International Youth U-14 Football Tournament (combined with Northern NSW);
- Manchester United Premier Cup U-15 – World Finals 2015 (qualified by winning Sydney tournament);
- Matilda's World Cup tour; and
- Gyeongju International Youth Football Tournament (U-12/U-13).

AGE GROUPS

Following are the age groups in which the FNSWI was conducted in 2015:

- boys – U16, U15, U14, U13 and U12; and
- girls – U17, U16, U15, U14, and U13

SQUAD SIZE

Following were the squad numbers per age group:

Age Group (Boys and Girls)	Outfield Players	Goal Keepers	Total Per Squad
U12 (Boys only)	16	2	18
U13	16	2	18
U14	16	2	18
U15	16	2	18
U16	16	2	18
U17 (Girls only)	16	2	18

LEAGUES

Following are the leagues in which the FNSW Institute teams competed:

Institute Team	League	Age Grade
U12 Boys	PS4 National Premier Leagues NSW Men's 1	U13
U13 Boys	PS4 National Premier Leagues NSW Men's 1	U14
U14 Boys	PS4 National Premier Leagues NSW Men's 1	U15
U15 Boys	PS4 National Premier Leagues NSW Men's 1	U16
U16 Boys	PS4 National Premier Leagues NSW Men's 1	U18
U13 Girls	PS4 National Premier League NSW Women's 1	U13
U14 Girls	PS4 National Premier League NSW Women's 1	U15
U15 Girls	PS4 National Premier League NSW Women's 1	U17
U16 Girls	PS4 National Premier League NSW Women's 1	Reserve Grade
U17 Girls	PS4 National Premier League NSW Women's 1	1 st Grade

TRANSITIONS TO STATE TEAMS

Selection to the FNSWI did not itself guarantee selection to the FNSW State Teams. Trials process were conducted in selecting the FNSW State Teams that incorporated:

- FNSWI players;
- previous FNSW State Team players;
- players identified at the FNSW State Titles;
- players identified through the FNSW Technical assessment of clubs and competitions; and
- players identified by their Clubs in the NPL NSW for Men and Women.

State Teams

The following table details the number of players that qualified through to state teams from FNSWI:

State Teams	Selected from the FNSWI	Selected from outside the program
Girls U13 Metro	12	4
Girls U15 Metro	15	1
Boys U13 Metro	11	5
Boys U14 Metro	11	5

Five (5) girls of the seventeen (17) in the U13 FNSWI did not make the U13 State Team due to:

- selection of four (4) x U13 players from the NPL Women's 1; and
- one (1) missing out due to State Teams being limited to sixteen (16) players.

Four (4) girls of the eighteen (18) in the U15 FNSWI did not make the U15 State Team due to:

- selection of one (1) x U14 player from the FNSWI;
- selection of one (1) x U15 players from the PS4 NPL Women's 1; and
- two (2) missing out due to State Teams being limited to sixteen (16) players.

Seven (7) boys of the eighteen (18) in the U13 FNSWI did not make the U13 State Team due to:

- selection of five (5) x U13 player from the PS4 NPL Men's 1;
- one (1) player being selected for U14 State Team; and
- one (1) country eligible player selected for U13 country.

Seven (7) boys of the eighteen (18) in the U14 FNSWI did not make the U14 State Team due to:

- selection of five (5) x U14 player from the PS4 NPL Men's 1;

- Selection of one (1) x U13 FNSWI RAE player; and
- one (1) player being ineligible due to RAE status.

PROGRESSION TO NATIONAL TEAMS, AIS AND PROFESSIONAL TEAMS

U17 Joeys

Eight (8) U15 FNSWI players were selected for the U17 Joeys squad who competed at the AFC U-16 Championships held in Vietnam.

Young Matilda's

Three (3) players from the U17 FNSWI were selected in the Young Matilda's squad who competed at the AFC U-19 Women's Championship held in Nanjing, China.

W-League

All players of the U17 FNSWI trialled for WSW and/or Sydney FC and have all been offered either a contracted position, or train on position for 2015-16 W-League Competition.

National Youth League

One (1) player from the boys U16 squad has been selected for WSW NYL and has toured interstate with the WSW A League side. One (1) player from the boys U16 squad has been selected for Sydney FC NYL. A further six (6) players are trialling for potential selection for either WSW or Sydney FC.

2016 FNSW INSTITUTE STRUCTURE

OVERVIEW

Talented player development is a fundamental responsibility of FFA and FNSW, and is central to the football technical outcomes the FNSW Strategic plan. Specifically, one of the 5 key performance indicators and strategic goals of the FNSW Strategic Plan is to:

“Deliver and promote a professional, integrated and clear elite development pathway, which lifts the overall technical standard of identified players and coaches throughout NSW and produces world class players”

The FNSW institute holds the following key principles at its core:

- provide a best practice development environment for talented youth footballers;
- deliver consistency in product and experience to all participants;
- align with the FFA National Curriculum; and
- provide age appropriate programs for female players.

Following is the basic structure for the 2016 program, detailing age groups, squad sizes and progression to State Teams.

AGE GROUPS

The following age groups will be conducted for girls in 2016:

Girls 2015	Girls 2016
U13	U13
U14	U14
U15	U15
U16	U16
U17 NTC	U17 NTC

The girl’s age grades deliver consistency to the 2015 program, and reflect the request of FFA to provide programs underpinning the W-League and National teams.

Key Points:

- Consistent with FFA Integrated Talented Player Pathway
- Provides consistent development programs leading into National Championships
- Provides consistent development program with one clear direction
- Prepares players for performance phase with clubs (NPL / WWL)
- Pathway and opportunity for girls

SQUAD NUMBERS

Following are the squad numbers per age group:

Age Group	Outfield Players	Goal Keepers	Total Per Squad
U13	16	2	18
U14	16	2	18
U15	16	2	18
U16	16	2	18
U17 NTC	20*	2*	22*

In determining squads of 18 players the following outcomes were considered:

- maximising further opportunities for players in an elite environment;
- best practice coach v player training ratios; and
- depth to cover players being absent to attend national age team camps.

* Note – numbers for the NTC training squad are a guideline only, acknowledging the group will change over the course of the year accommodating National team camps and international competitions.

LEAGUES

Following are the leagues in which the FNSWI teams will compete:

Institute Team	League	Age Grade
U13 Girls	PS4 National Premier Leagues NSW Women's 1	U13
U14 Girls	PS4 National Premier Leagues NSW Women's 1	U15
U15 Girls	PS4 National Premier Leagues NSW Women's 1	U17
U16 Girls	PS4 National Premier Leagues NSW Women's 1	Reserve Grade
U17 Girls	PS4 National Premier Leagues NSW Women's 1	1 st Grade

TRANSITION TO STATE TEAMS

FNSW Metro State Teams

The expectation is that, as the FNSWI accommodates the most talented players in the respective age groups, the majority of the FNSW Metropolitan State Team's will be comprised of players from the FNSWI. Additionally, it would be expected that any players from regional NSW accepted into the program would be likely to be selected in the FNSW

Country State Teams; however selection of any FNSWI player to the respective FNSW State Teams is not automatic.

A trial process to State Teams will be conducted that incorporates FNSWI players as well as players identified at FNSW State Titles and in PS4 National Premier Leagues NSW Women's competitions.

Selection to the FNSW State and NTC Challenge Teams will be made by a panel including the FNSW State Technical Director, FNSW Goal Keeper Coach and State Team Head Coach.

FNSWI matches scheduled over the two (2) weekends of National Youth Championship commitments will be deferred.

Key Points:

- FNSW Institute forms the nucleus of the FNSW Metropolitan State and NTC Challenge teams to provide consistency
- Other identification opportunities through State Titles and NPL NSW Women's competitions to ensure a comprehensive talent identification process is provided
- Deferment of premiership matches during National Championships

Coaching

Appointment of coaches to the FNSW State Metropolitan and NTC Challenge Teams is detailed in the resourcing section of this document.

Briefly, coaches appointed to the FNSW Metropolitan State and NTC Challenge Teams will come predominantly from the "team" of coaches delivering the FNSW Institute programs.

FNSW will establish a separate identification and appointment program for coaches to the FNSW Country State Teams that has the development of regionally based coaches as a strategic priority.

2016 FNSW INSTITUTE SCHEDULE AND OPERATIONS

TRIAL PROCESS

Trials for the 2016 FNSW Institute will be conducted between 4 and 18 October 2015.

National Premier Leagues NSW Women's trials will not commence until 18 October 2015. As such, timing of the trials will not affect the ability of players to seek an opportunity with a club should they be unsuccessful in trialling for the FNSWI.

Trials for the FNSWI will be by invitation to players:

- registered to the 2015 FNSWI;
- selected in FNSW State Teams;
- identified by FNSW at State Titles;
- identified by FNSW Assessors during the 2015 National Premier Leagues NSW Women's competitions; and
- recommended by their clubs as having the potential to be selected in the program.

All trials will be conducted at Valentine Sports Park under the management of the FNSW State Technical Director.

Key Points:

- Trial period over 2 weeks
- No Club trials until FNSW Trial have concluded to ensure "best" players are able to attend
- Technical Director and FNSWI coaches select players

REGISTRATION

Field Players

Selected field players will be required to self-register on MyFootballClub into the FNSW Institute.

Field players will only be registered with the FNSW Institute. No training or match commitments will be permitted external to the FNSW Institute without the written permission of the FNSW State Technical Director.

Goal Keepers – Girl's

Goal keepers will be registered on MyFootballClub under the FNSW Institute by the respective FNSW program administrator.

In 2016, the FNSWI Girl's teams will be part of the regular season matches participating on Sunday's. This therefore does not allow the FNSWI Girl's Goal Keepers to "dual" register.

Training Compensation

All FNSWI players will remain "players of their last registered club" for the purposes of training compensation while participating in the FNSWI program.

Key Points:

- All players registered on MyFootballClub
- Clubs retain "ownership" of FNSWI players for training compensation purposes

PRE-COMPETITION AND TRAINING COMPONENT

The FNSWI teams will participate in a 12 week pre-competition phase from November 2014 to March 2015.

There will be a break during this phase of the program over the Christmas / New Year period.

COMPETITION AND TRAINING COMPONENT

The FNSWI teams will participate in FNSW competitions as identified in the Leagues table of this document.

These competitions will be conducted over an eighteen (18) week premiership from March to August. Matches will be conducted on weekends except where inclement weather or other factors require rescheduling of fixtures to midweek.

Following completion of the competition period, a three (3) week championship series will be conducted in August. FNSWI teams are eligible to compete in the championship series should they qualify.

FNSWI teams will be eligible to earn points in premiership matches to qualify for the championship series, however matches against the FNSWI will not be considered when calculating the Club Championships. In this manner, all matches have meaning while also maintaining the integrity of the Club Championship.

Key Points:

- 40 week program comprising of:
 - Pre-competition phase
 - Competition and training phase (premiership)
 - Post-competition and training phase (championship)
- Girls FNSWI teams as part of regular season matches
- FNSWI teams eligible for Championship Series
- Matches against FNSWI will not be considered when calculating the Club Championships

PERSONAL INJURY INSURANCE

Registered FNSW Institute players are covered by the FNSW JLT Personal Injury Insurance. The following information is provided as general information.

The Personal Injury insurance provides coverage for injuries sustained while participating in an official FNSW Institute match or training session, travelling to and from a FNSW Institute activity, participation in a FNSW Institute function and participation in FNSW Institute tours or representative matches. This insurance provides for reimbursement of non-Medicare medical benefits including physiotherapy, chiropractic, dental, ambulance and private hospital accommodation. Note physiotherapy is capped at \$350 where surgery is not required. Additional benefits include Student assistance, loss of income and Capital benefits as per the terms of the policy. Exclusions: Section 126 of the Health Insurance Act 1973 (Cth) does not permit the insurer or JLT Trustee to reimburse any part of a Medicare Item (including the Medicare Gap). What is generally not covered includes any item or service that is a Medicare item, including the Medicare Gap, Doctor's fees, Surgeon's Fees, Anaesthetist fees, X-Rays, MRI Scans, public hospital costs, private hospital emergency and/or admission fees and other items noted as per the terms of the policy. It is important to note that you cannot claim if you play against medical advice, have a pre-existing injury, are under the influence of alcohol or drugs, are involved in a criminal act or have a pre-existing illness or disease. (i.e. cancer, heart condition).

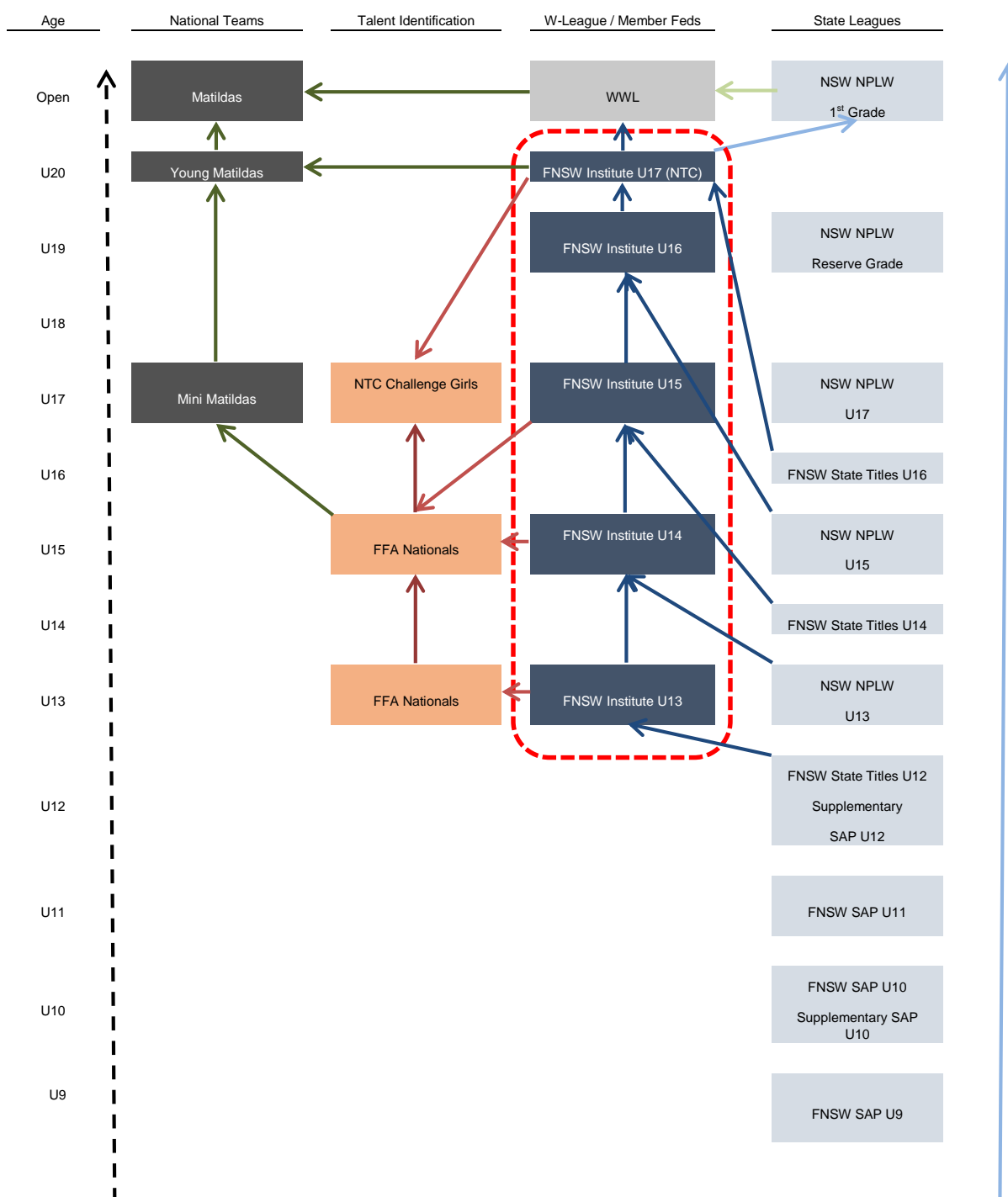
To make a Personal Injury claim visit www.jltsport.com.au/fnsw and access the current claim form or contact Michelle Hanley at Football NSW on 02 8814 4400. Read the claim form in full, then complete Sections A, C and D (if applicable) of the claim form and forward your claim form to Football NSW for completion of Section B.

The Personal Injury Insurance General Information Sheet is included (Annexure 1) for further reference. For more information or to view the policy visit www.jltsport.com.au/fnsw.

2016 FNSWI AND THE FFA INTEGRATED TALENTED PLAYER PATHWAY

DEVELOPMENT CHART – FEMALE FOOTBALL

Following is the development chart demonstrating the FNSWI position underpinning FFA programs within the integrated talented player pathway for women and girls.

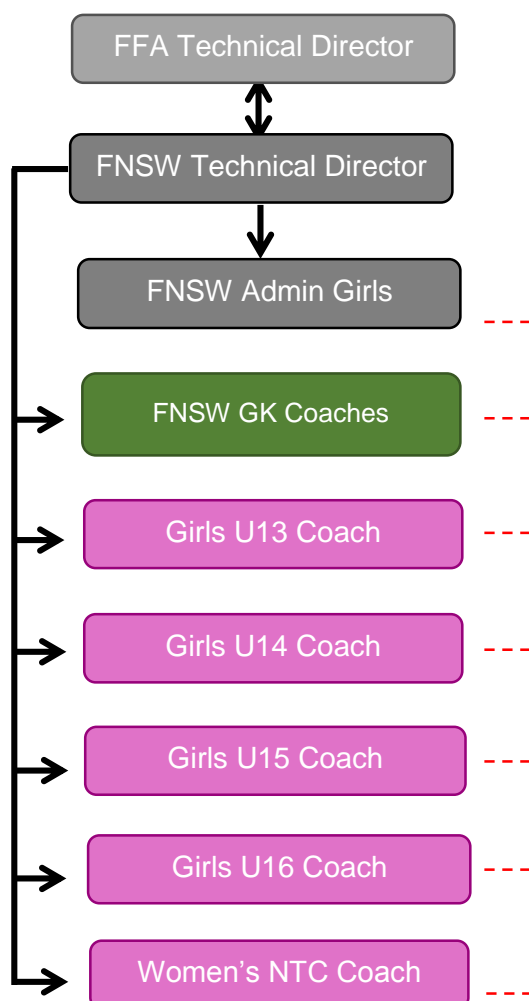


2016 FNSW INSTITUTE RESOURCING

ORGANISATION CHART

Following is the organisation chart supporting the FNSWI program.

Solid black lines in the chart identify reporting lines; dashed red lines identify functional relationships:



FFA TECHNICAL DIRECTOR

The FFA Technical Director sets the National Curriculum and provides football technical guidance to the FNSW State Technical Director.

It is anticipated that the FFA and FNSW Technical Directors will work closely in ensuring that the FNSWI provides an appropriate learning environment consistent with the National framework and desired outcomes.

FNSW STATE TECHNICAL DIRECTOR

The FNSW State Technical Director will provide regular reports to the FFA Technical Director re: the progress of the FNSWI and players within it.

The FNSW State Technical Director will manage the FNSWI Coaches and FNSW Program Administrators

FNSW INSTITUTE COACHES

FNSW Institute Team and Goal Keeper Coaches

The FNSWI coaches will be employed by FNSW in consultation with FFA.

The FNSWI coaches will report directly to the FNSW Technical Director and provide the best possible learning environment to the players in line with the FFA National Curriculum.

It is expected that the coaches will work together to develop players and provide a best practice learning environment, continually challenging the players and seeking improvement. Consistent and stable programs over a period of time are considered a vital platform in player development.

The Goal keeper coaches will work with all selected coaches.

FNSW State Team and NTC Challenge Coaches

Preferably, FNSW Metropolitan State and NTC Challenge Teams will be coached by the FNSWI Coach that has led the respective age group team from which player's progress to State Team selection. This position ensures:

- a consistent training environment from FNSWI to State Teams;
- appointment of best identified coaches to guide the best identified players; and
- maximised preparation time for FNSW players leading into the National Championships and NTC Challenge.

Each National Championships team will also be supported by one (1) of the Goal keeper coaches.

FNSW will implement a separate identification and mentoring program for potential FNSW Country State Teams coaches, from regional areas of FNSW jurisdiction.

FNSW ADMINISTRATION

FNSW will manage the FNSWI Programs. FNSW will provide all of the administrative support required by the players and coaches, including but not limited to; trial advertising, player registrations, communications with parents, venue bookings and program schedules.

FNSW will appoint a match day manager to provide venue and team management support to the coaches and visiting team Club Officials.

AUXILIARY STAFF

FNSW will appoint auxiliary staff to support the head coach, team manager and goal keeper coach during the National Championships, including; medical support (i.e. Certified Sports Trainers or Physiotherapists) and Assistant Coaches.

FNSW will also engage appropriately qualified medical officers (i.e. Certified Sports Trainers) to supply medical coverage at all FNSWI competition matches.

ANNEXURE 1 – PERSONAL INJURY INSURANCE COVER SUMMARY

General Information Sheet

JLT Sport



PERSONAL INJURY INSURANCE



What is Personal Injury Insurance?

Accidents. We never see them coming.

But you can be better prepared with the right personal accident insurance policy.

Personal Accident insurance is designed to offer some peace of mind to members, participants, volunteers etc of an organisation by having protection for certain costs related to an injury sustained whilst involved in an Insured's activity.

What is generally covered ...

- ✓ Physio
- ✓ Chiro
- ✓ Dental
- ✓ Ambulance transport
- ✓ Private hospital accommodation

What is generally NOT covered ...

- * Doctor's Fees
- * Surgeon's Fees
- * Anaesthetist Fees
- * X-rays
- * Public hospital costs
- * MRI Scans

You can't claim if you ...

- * Play against medical advice
- * Have a pre-existing injury
- * Are under the influence of alcohol or drugs
- * Are involved in a criminal act
- * Have a pre-existing illness or disease (i.e. cancer, heart condition)

When does Personal Injury Insurance apply?

Personal Accident insurance provides coverage for injuries sustained whilst participating in an activity under the following circumstances:

- ✓ An official match or training session
- ✓ Travelling to and from an official club activity
- ✓ Participation in an official club function
- ✓ Tours or representative matches

What cover is generally provided within a Personal Injury policy?

- ✓ **Capital Benefits** – provides cover in the event of death or permanent disability. Please refer to your Programme Summary for full benefit details and limits.
- ✓ **Non-Medicare Medical Benefits** – provides reimbursement for items that are not claimable in any way through Medicare. Due to legislation, this **does not** include the Medicare Gap.
- ✓ **Loss of Income cover** – (where included) provides reimbursement of a claimants' weekly income. Please refer to your Programme Summary for full benefit details and limits.

Examples of Personal Injury Claims

Capital Benefit – a participant loses permanent sight in one eye due to a sporting injury. The claimant can claim for permanent disablement under this section.

Non-Medicare Medical Benefits – a participant requires a knee reconstruction resulting from a sporting injury. A claim can be made through this section of the policy for items not covered in part by Medicare.

Loss of Income (where covered by the sport) – Bill is a builder and is unable to work due to breaking his leg whilst playing. His loss of earnings (not including sick leave) can be claimed under this section of the policy.

How do I make a Personal Injury claim?

- **Step 1** – access a current claim form from the JLT Sport website
- **Step 2** – complete all relevant sections of the claim form
- **Step 3** – send your claim form to your nominated claims advisor as soon as possible*
- **Step 4** – your claims advisor will confirm receipt of your claim

* Please note – most policies have a time limit in which to submit your claim form

www.jltsport.com.au

General Advice Warning: The information contained herein is of a general nature only, it does not take into account your individual needs or financial situation. This document must be read in conjunction with your organisation's specific coverage details and documentation including the Policy Wording and/or Product Disclosure Statement. For copies of these documents, please refer to www.jltsport.com.au

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