

Football NSW State Teams 2015 Structure Document



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SECTION 1: FOREWORD – STATE TECHNICAL DIRECTOR

Alex Tobin State Technical Director

The State Team programs will always take a high priority within Football NSW (FNSW). As part of the Talented Player Pathway, State Teams provide a consistent platform for player development, talent identification and potential advancement into further Elite Programs both State and National. The seasonal pathway for a potential FNSW State Team Player will include the 2015 Football Federation Australia (FFA) National Championships. FNSW and all other Member Federations compete in these championships to create the best possible environment for elite players in these crucial age

There is, of course, much more to the State Team Program than a tournament during the year. State Teams participating in Nationals is the culmination of extensive preparation throughout the year which is outlined in this document. The volume of work which is undertaken by FNSW in delivering a quality State Team program for both Metropolitan and Country is indicative of the benefit to the players that we feel the program offers. We will continue to deliver the best possible outcomes for our elite players.

It is for these reasons that such importance is placed on the processes involved with identification, trials, selections and ongoing training within the program.

FNSW are proud of a strong record in terms of team success at FFA National Championships but equally measure success in terms of boys and girls being promoted into higher levels. The development of the player and the team through quality coaching, competition and administrative support will always be our focus.





SECTION 2: EXECUTIVE SUMMARY

OVERVIEW

This paper details the administration and processes of Football NSW (FNSW) State Teams for the 2015 season.

The 2015 FFA Nationals tournament and age groups are contained in the following table:

2015 FFA Tournament	Gender	Age Group	FNSW Teams
National Youth Championships	Girls	U13 & U15	1 Country and 1 Metropolitan
National Youth Championships	Boys	U13 & U14	1 Country and 1 Metropolitan
National Training Centre Challenge	Girls	U17	1 NSW Team
National Training Centre Challenge	Boys	U15	1 NSW Team

VISION

"Football NSW will create a professional football program for talented footballers consistent with the FFA National Curriculum. We will develop and deliver a professional and unified elite program which lifts the overall technical ability of our talented players and coaches resulting in production of world class players".

MISSION

"Football NSW will provide a positive football experience for player's, parents and coaches. Our emphasis is on player development and while development and success is a priority, so is good sportsmanship and what is best for the team. Were Blue, Were Proud typifies our attitude and belief in both ourselves and how we go about our business. The Football NSW "team" is only as good as the individuals that form it".



SECTION 3: 2015 FNSW STATE TEAMS

OVERVIEW

FNSW State Teams form an integral part of the National Player Pathway. Players selected will have the opportunity to compete at the FFA National Youth Championships (NYC) or the FFA National Training Centre (NTC) Challenge and be exposed to both the highest level of football available and the expertise of FNSW /FFA State and National selectors and coaches. From these tournaments, players will be identified for future selection into FNSW Elite Programs, National Training Centres, National Youth Teams, the A.I.S, A League Youth Teams, and W League Teams etc.

Players who are involved in the State Team process should value the opportunity to train and develop amongst the best players in NSW under the guidance of experienced and qualified State Team coaches.

FNSW State Teams hold the following key principles at its core:

- Develop and deliver a professional program and service to elite athletes and coaches within NSW.
- Assist identified athletes and coaches to achieve excellence and success at State, National and International level.
- Support targeted athletes in their preparation for State and National Championships.
- Utilise the National Curriculum to shape players performance.

AGE GROUPS

The following age group Championships will be conducted by FFA for girls in 2015:

- U13 (for players born on or after 1 January 2002)
- U15 (for players born on or after 1 January 2001 and 2000)
- NTC U17 (for players born on or after 1 January 1998)

The following age group Championships will be conducted by FFA for boys in 2015:

- U13 (for players born on or after 1 January 2002)
- U14 (for players born on or after 1 January 2001)
- NTC U15 (for players born on or after 1 January 2000)

SQUAD NUMBERS

Age group	Outfield players	Goal Keepers	Shadow players	Total
U13	14	2	4 (3 outfield + 1 gk)	20
U14 (boys only)	14	2	4 (3 outfield + 1 gk)	20
U15 (girls only)	14	2	4 (3 outfield + 1 gk)	20
NTC Boys U15	16	2	4 (3 outfield + 1 gk)	22
NTC Girls U17	16	2	4 (3 outfield + 1 gk)	22

Only the final 16 (18 NTC) players will be required to attend the National Championships. Shadow players may be called upon at any time only if needed due to injury, illness or unforeseen circumstance.

FNSW will be entering 1 Country and 1 Metropolitan team per age group and gender of the National Championships, and 1 NSW team for the NTC Challenge.



The following teams will be participating at the 2015 FFA National Youth Championships and FFA NTC Challenge to represent FNSW:

Age Group	Gender	Team	FFA National Championships
U13	Girls	Metropolitan	July
U13	Girls	Country	July
U13	Boys	Metropolitan	September/October
U13	Boys	Country	September/October
U14	Boys	Metropolitan	September/October
U14	Boys	Country	September/October
U15	Girls	Metropolitan	July
U15	Girls	Country	July
U15	Boys	NSW	December
U17	Girls	NSW	August



SECTION 4: 2015 FNSW STATE TEAMS SCHEDULE AND OPERATIONS

COMPETITION DATES

Competition: FFA National Youth Championships 2015

FFA NTC Challenge 2015

Tournament dates: Girls NYC: Monday 7th July – Friday 11th July

Boys NYC: Monday 29th September – Friday 3rd October

Girls NTC: Monday 24th August – Friday 28th August

Boys NTC: Monday 30th November – Friday 4th December

Venue: NYC 2015 – C.ex International Stadium. Coffs Harbour

NTC 2015 – AIS, Canberra ACT

IDENTIFICATION

All players selected to trial shall be **identified** by one or more of the following criteria:

- Any age eligible player with State Team involvement in 2014
- Any age eligible player within FNSW Institute programs
- Any age eligible player within FNSW regional development programs and invited to trial
- Any age eligible player identified at a State Titles tournament in 2014/2015 and invited to trial
- Any age eligible player identified in National Premier Leagues NSW Men's 1 and 2, National Premier Leagues NSW Women's 1 & 2 competitions and invited to trial
- Any age eligible player identified in regional training/competitions and invited to trial

TRIAL PROCESS

The trial process for Country and Metropolitan State Teams (boys/girls), and NTC squads (boys/girls) are different in selection and preparation.

Country State Teams will participate in a series of camps where players will be monitored and assessed for possible selection. The camps also enable development opportunities for regional players and form part of the preparation phase for best performance at Nationals.

Metropolitan State Teams will participate in a series of single trials where players will be assessed for possible selection.

NTC squads will participate in a series of single trials as part of the current age FNSW Institute squad where players will be assessed for possible selection.

Specific details of the processes for each Country and Metropolitan State Team (boys/girls) and NTC squads (boys/girls) are presented in the later sections of this document.



SECTION 5: 2015 FNSW STATE TEAMS - COUNTRY GIRLS U13 & U15

CALENDAR OF EVENTS

MONTH	Jan-15	Feb-15	Mar-15	Apr-15	May-15	Jun-15	Jul-15
WEEKEND (ending Sunday)	4 11 18 25	1 8 15 22	1 8 15 22 29	5 12 19 26	3 10 17 24 31	7 14 21 28	5 12 19 26
Country Girls 2015 - U/13 & U/15							
State Training Centre sessions							
Selection Camp	1 <mark>6-1</mark> 9						
Selection Camp				1 <mark>2-1</mark> 5			
State Training Game day - Riverina					16		
Talented Athlete Camp					3	31 - 3	
Preparation Camp							<mark>3-5</mark>
Girls National Youth Championships							6 <mark>-1</mark> 0
FNSW State Titles U/12, U/14 and U/16							

PRE-COMPETITION TRIALS/TRAINING

January – Friday 16 to Monday 19 2015

• Activity: Training/Selection Camp

• Location: Valentine Sports Park, Glenwood

April – Sunday 12 to Wednesday 15 2015

• Activity: Training/Selection Camp

• Location: Valentine Sports Park, Glenwood

May – Saturday 16 2015 (TBC)

Activity: State Training Game Day

• Location: Albury-Wodonga, Riverina

May/June – Sunday 31 May to Wednesday 3 June 2015

Activity: Talented Athlete Camp - Training Camp

• Location: Valentine Sports Park, Glenwood

July - Friday 3 to Sunday 5 2015

• Activity: Preparation Camp

• Location: Valentine Sports Park, Glenwood

July – Monday 6 to Friday 10 2015

Activity: FFA National Youth Championships

Location: C.ex International Stadium, Coffs Harbour



DEVELOPMENT PHASE

State Training Centre

- Players are required to attend their local State Training Centre (STC) each week.
- Centres are located at Nowra (Southern Branch), Orange (Western Branch) and Wagga Wagga (Riverina).
- The STC provides additional weekly training for potential NSW Country players to improve their technical abilities and understanding of the NSW State Teams playing system when not in contact with their state coach.
- Players will work with the Regional Coach and Coaching Development Manager who will report development and attendance to FNSW
- Attendance at STC is compulsory to enable eligibility for selection to FNSW State Teams. To be eligible for selection, players must attend a minimum of 80% of sessions.

State Training Centre	Training Venue	Training Day	Training Time
Southern Branch	South Nowra Football Complex	Wednesday	6:30pm – 8pm
Western Branch	Jack Brabham Park, Orange	Wednesday	6:15pm – 7:45pm
Riverina	Gissing Oval, Wagga Wagga	Friday	6pm – 8pm

State Training Game Day

A State Training Game Day will be organised with potential games against ACT, Victoria and NSW Metro. The date is subject to change pending confirmation of venue and facilities. The purpose of the game day will be to allow the State coaches to work with players, formations, tactics, provide feedback and monitor their development. Proposed date is:

May – Saturday 16th – Riverina (TBC)

Lunch will be arranged by Football NSW prior to the day. Players will be asked to pay \$15.00 for lunch.

FNSW Institute Training Opportunities

During the 2015 State Team process, players may be selected and invited to attend FNSW Institute training sessions in Sydney.

Players will be advised of these opportunities by their Regional Coach or Coaching Development Manager.

SELECTION PHASE

Following State Titles, identified players will be invited to attend a selection camp which will be conducted as follows:

Camp 1

• Dates: January – Friday 16 to Monday 19 2015

• Location: Valentine Sports Park, Glenwood

Cost: \$350.00 (Inc. GST)

*Please note: At the conclusion of this selection camp, players may be released from the selection process.

Following Camp 1, selected players will be invited to attend a final camp in the selection phase which will be conducted as follows:



Camp 2

Dates: April – Sunday 12 to Wednesday 15 2015

Location: Valentine Sports Park, Glenwood

Cost: \$350.00 (Inc. GST)

Following the camp the final 16 players will be announced along with 4 shadow players who may be called upon if injury/illness require.

PREPARATION PHASE

The following camps will be held in order to prepare the team to compete at the National Youth Championships. Players will still be required to attend their local training centre:

Prep Camp 1 - Talented Athlete Camp

Dates: May/June – Sunday 31 May to Wednesday 3 June 2015

• Location: Valentine Sports Park, Glenwood

Cost: \$350.00 (Inc. GST)

This camp is a Talented Athlete Camp that runs in school time in conjunction with the Department of Education. Players will be required to gain their principals permission to attend the camp and will be required to bring their school work to complete when they are not training.

Prep Camp 2

Dates: July – Friday 3 to Sunday 5 2015
 Location: Valentine Sports Park, Glenwood

• Cost: \$250.00 (Inc. GST)

This camp will be held at Valentine Sports Park on the weekend prior to the tournament commencing. Players will travel to Coffs Harbour as a team by bus on the Sunday and will remain with FNSW thereafter for the duration of the tournament.

SELECTION PROCESS

Step 1: At the completion of State Titles for Girls in 2014 a squad of approximately 30 players will be identified.

Step 2: These 30 players will be invited to the first selection camp in January 2015.

Step 3: At the conclusion of any step in the selection/development phase, players may be released at any time.

Step 4: Successful players will continue attending each selection process until the final selection camp in April.

Step 5: The remaining group of players will be invited to a training/selection camp in April where the final 16 will be selected, along with 4 shadow players. This group of 20 players will continue to train and develop with the squad.

Step 6: Only the 16 selected players will attend Prep camp 2 and National Youth Championships. In the event of injury a shadow player will be called into the team as a replacement.

NOTIFICATION

Following each phase of the selection and development process, players will be notified by email to advise of their position and requirement to attend the following phase. Details for the next phase of the process will be provided to those successful.



FEEDBACK

All unsuccessful players released from the State Team selection process will be advised by FNSW via email. Feedback will be provided verbally by the Head Coach during all sessions and camps with specific technical and tactical feedback for all players. Should an unsuccessful player seek further feedback they may email nadines@footballnsw.com.au.

PLEASE NOTE THAT THE TRAINING SCHEDULE AND DETAILS PROVIDED HEREWITHIN ARE SUBJECT TO CHANGE. ANY CHANGES WILL BE NOTIFIED AT THE SOONEST CONVENIENCE VIA EMAIL.



SECTION 6: 2015 FNSW STATE TEAMS - COUNTRY BOYS U13 & U14

CALENDAR OF EVENTS

MONTH	Jan-15	Feb-15	Mar-15	Apr-15	May-15	Jun-15 Jul-15	Aug-15	Sep-15	Oct-15
WEEKEND (ending Sunday)	4 11 18 25	1 8 15 22	1 8 15 22 29	5 12 19 26	3 10 17 24 31	7 14 21 28 5 12 19 2	6 2 9 162330	6 13 20 27	4 11 18 25
Country Boys 2015 - U/13 & U/14									
State Training Centre sessions									
Selection Camp				8 <mark>-1</mark> 0					
FNSW State Titles U/13 & U/14						29-3			
Selection Camp						8 <mark>-1</mark> 0			
State Training Game day - Riverina							22		
Talented Athlete Camp							_ 3	0-2	
Preparation Camp								25-2	7
Boys National Youth Championships								2	8-2

PRE-COMPETITION TRIALS AND TRAINING

April – Wednesday 8 to Friday 10 2015

Activity: Training/Selection Camp

• Location: Valentine Sports Park, Glenwood

July - Wednesday 8 to Friday 10 2015

• Activity: Training/Selection Camp

• Location: Valentine Sports Park, Glenwood

August – Saturday 22 2015 (TBC)

• Activity: State Training Game Day

• Location: Albury-Wodonga, Riverina

August/September – Sunday 30 August to Wednesday 2 September 2015

• Activity: Talented Athlete Camp – Training Camp

• Location: Valentine Sports Park, Glenwood

September - Friday 25 to Sunday 27 2015

• Activity: Preparation Camp

• Location: Valentine Sports Park, Glenwood

September/October – Monday 28 September to Friday 2 October 2015

• Activity: FFA National Youth Championships

Location: C.ex International Stadium, Coffs Harbour



DEVELOPMENT PHASE

State Training Centre

- Players are required to attend their local State Training Centre (STC) each week.
- Centres are located at Nowra (Southern Branch), Orange (Western Branch) and Wagga Wagga (Riverina).
- The STC provides additional weekly training for potential NSW Country players to improve their technical abilities and understanding of the NSW State Teams playing system when not in contact with their state coach.
- Players will work with the Regional Coach and Coaching Development Manager who will report development and attendance to FNSW
- Attendance at STC is compulsory to enable eligibility for selection to FNSW State Teams. To be eligible for selection, players must attend a minimum of 80% of sessions.

State Training Centre	Training Venue	Training Day	Training Time
Southern Branch	South Nowra Football Complex	Wednesday	6:30pm – 8pm
Western Branch	Jack Brabham Park, Orange	Tuesday	6:15pm – 7:45pm
Riverina	Gissing Oval, Wagga Wagga	Friday	6pm – 8pm

State Training Game Day

A State Training Game Day will be organised with potential games against ACT, Victoria and NSW Metro. The date is subject to change pending confirmation of venue and facilities. The purpose of the game day will be to allow the State coaches to work with players, formations, tactics, provide feedback and monitor their development. Proposed date is:

• August – Saturday 22nd – Riverina (TBC)

Lunch will be arranged by Football NSW prior to the day. Players will be asked to pay \$15.00 for lunch.

FNSW Institute Training Opportunities

During the 2015 State Team process, players may be selected and invited to attend FNSW Institute training sessions in Sydney.

Players will be advised of these opportunities by their Regional Coach or Coaching Development Manager.

SELECTION PHASE

Following State Titles 2014 and State Team selection 2014, identified players will be invited to attend a selection camp which will be conducted as follows:

Camp 1

• Dates: April – Wednesday 8 to Friday 10 2015

• Location: Valentine Sports Park, Glenwood

Cost: \$275.00 (Inc. GST)

*Please note: At the conclusion of this selection camp, players may be released from the selection process.

Following Camp 1 and identification at State Titles 2015, selected players will be invited to attend a final camp in the selection phase which will be conducted as follows:



Camp 2

• Dates: July – Wednesday 8 to Friday 10 2015

Location: Valentine Sports Park, Glenwood

Cost: \$275.00 (Inc. GST)

Following this camp the final 16 players will be announced along with 4 shadow players who may be called upon if injury/illness require.

PREPARATION PHASE

The following camps will be held in order to prepare the team for participation in at the National Youth Championships. Players will still be required to attend their local State Training Centre:

Prep Camp 1 - Talented Athlete Camp

Dates: August/September – Sunday 30 August to Wednesday 2 Sept 2015

Location: Valentine Sports Park, Glenwood

• Cost: \$350.00 (Inc. GST)

This camp is a Talented Athlete Camp that runs in school time in conjunction with the Department of Education. Players will be required to gain their principals permission to attend the camp and will be required to bring their school work to complete when they are not training.

Prep Camp 2

• Dates: September – Friday 25 to Sunday 27 2015

• Location: Valentine Sports Park, Glenwood

• Cost: \$250.00 (Inc. GST)

This camp will be held at Valentine Sports Park on the weekend prior to the tournament commencing. Players will travel to Coffs Harbour as a team by bus on the Sunday and will remain with FNSW thereafter for the duration of the tournament.

SELECTION PROCESS

Step 1: At the completion of State Titles for Boys in 2014 and State Team selection 2014, a squad of approximately 30 players will be identified.

Step 2: The players will then attend a selection camp in April.

Step 3: At the conclusion of any step in the selection/development phase, players may be released at any time.

Step 4: The State Team coach will then attend State Titles in July to assess the current playing squad within their Branch teams and to identify any other players of potential. Players identified at State Titles in 2015 may then be invited to attend the following and final selection camp.

Step 5: The remaining and selected group of players will be invited to a training/selection camp in July where the final 16 will be selected, along with 4 shadow players. This group of 20 players will continue to train and develop with the squad.

Step 6: The final 16 along with 4 shadow players will be required to attend Prep Camp

Step 7: Only the final 16 selected players will attend Prep camp 2 and National Youth Championships. In the event of injury a shadow player will be called into the team as a replacement.



NOTIFICATION

Following each phase of the selection and development process, players will be notified by email to advise of their position and requirement to attend the following phase. Details for the next phase of the process will be provided to those successful.

FEEDBACK

All unsuccessful players released from the State Team selection process will be advised by FNSW via email. Feedback will be provided verbally by the Head Coach during all sessions and camps with specific technical and tactical feedback for all players. Should an unsuccessful player seek further feedback they may email nadines@footballnsw.com.au.

PLEASE NOTE THAT THE TRAINING SCHEDULE AND DETAILS PROVIDED HEREWITHIN ARE SUBJECT TO CHANGE. ANY CHANGES WILL BE NOTIFIED AT THE SOONEST CONVENIENCE VIA EMAIL.



SECTION 7: 2015 FNSW STATE TEAMS - METROPOLITAN GIRLS U13 & U15

CALENDAR OF EVENTS

MONTH	Jan-15	Feb-15	Mar-15	Apr-15	May-15	Jun-15	Jul-15
WEEKEND (ending Sunday)	4 11 18 25	1 8 15 22	1 8 15 22 29	5 12 19 26	3 10172431	7 14 21 28	5 12 19 26
Metro Girls 2015 - U/13 & U/15							
Trials							
Training							
Preparation Camp						3	3-5
Girls National Youth Championships							6-10
FNSW State Titles U/12, U/14							

PRE-COMPETITION TRIALS AND TRAINING

April 2015

Activity: Trials

• Location: Valentine Sports Park, Glenwood

July - Friday 3 to Sunday 5 2015

• Activity: Preparation Camp

• Location: Valentine Sports Park, Glenwood

July – Monday 6 to Friday 10 2015

Activity: FFA National Youth Championships

• Location: C.ex International Stadium, Coffs Harbour

SELECTION PHASE

Identified players will be invited to attend a series of trials in April 2015. Following each trial, players may be released from the selection process. At the conclusion of the trial period, the final 16 players will be announced along with 4 shadow players who may be called upon if injury/illness require.

DEVELOPMENT PHASE

The final 16 and 4 shadow players will be required to attend weekly sessions leading up to the tournament. Players will be advised upon selection of their weekly training schedule.

PREPARATION PHASE

Along with the weekly training sessions leading up to the National Championships, the final 16 will be required to attend a final preparation camp. Details are:

Prep Camp

Dates: July – Friday 3 to Sunday 5 2015
 Location: Valentine Sports Park, Glenwood

• Cost: \$250.00 (Inc. GST)

This camp will be held at Valentine Sports Park on the weekend prior to the tournament commencing. Players will travel to Coffs Harbour as a team by bus on the Sunday and will remain with FNSW thereafter for the duration of the tournament.



SELECTION PROCESS

- Step 1: A group of identified players will be invited to attend a trial process that will run 2 times per week over 3 weeks in April 2015.
- Step 2: Players may be released from trials at any stage during the selection period.
- Step 3: At the conclusion of the selection trials, the final 16 will be selected, along with 4 shadow players who will continue to train and develop with the squad. In the event of injury a shadow player will be called into the team as a replacement.
- Step 4: The final squad of 16 and 4 shadow players will train on a weekly basis. They will also attend a preparation camp as preparation for the National Youth

Championships.

Step 5: Only the final 16 selected players will be required to attend the preparation

camp and National Championships. Shadow players will be called upon only if

needed due to injury etc.

NOTIFICATION

Following each phase of the selection and development process, players will be notified by email to advise of their position and requirement to attend the following phase. Details for the next phase of the process will be provided to those successful.

FEEDBACK

All unsuccessful players released from the State Team selection process will be advised by FNSW via email. Feedback will be provided verbally by the Head Coach during all sessions and camps with specific technical and tactical feedback for all players. Should an unsuccessful player seek further feedback they may email nadines@footballnsw.com.au.

PLEASE NOTE THAT THE TRAINING SCHEDULE AND DETAILS PROVIDED HEREWITHIN ARE SUBJECT TO CHANGE. ANY CHANGES WILL BE NOTIFIED AT THE SOONEST CONVENIENCE VIA EMAIL.



SECTION 8: 2015 FNSW STATE TEAMS - METROPOLITAN BOYS U13 & U14

CALENDAR OF EVENTS

MONTH	Jan-15	Feb-15	Mar-15	Apr-15	May-15	Jun-15	Jul-15	Aug-15	Sep-15	Oct-15
WEEKEND (ending Sunday)	4 11 18 25	1 8 15 22	1 8 15 22 29	5 12 19 26	3 1017 24 31	7 14 21 28	5 12 19 26	2 9 16 23 30	6 13 20 27	4 11 18 25
Metro Boys 2015 - U/13 & U/14										
FNSW State Titles U/13 & U/14						2	. <mark>9-</mark> 3			
Trials										
Training										
Preparation Camp									25-2	7
Boys National Youth Championships									2	8-2

PRE-COMPETITION TRIALS AND TRAINING

July 2015

Activity: Trials

• Location: Valentine Sports Park, Glenwood

September – Friday 25 to Sunday 27 2015

• Activity: Preparation Camp

Location: Valentine Sports Park, Glenwood

September/October – Monday 28 September to Friday 2 October 2015

• Activity: FFA National Youth Championships

• Location: C.ex International Stadium, Coffs Harbour

SELECTION PHASE

Identified players will be invited to attend a series of trials in July 2015. Following each trial, players may be released from the selection process. At the conclusion of the trial period, the final 16 players will be announced along with 4 shadow players who may be called upon if injury/illness require.

DEVELOPMENT PHASE

The final 16 and 4 shadow players will be required to attend weekly sessions leading up to the tournament. Players will be advised upon selection of their weekly training schedule.

PREPARATION PHASE

Along with the weekly training sessions leading up to the National Championships, the final 16 will be required to attend a final preparation camp. Details are:

Prep Camp

• Dates: September – Friday 25 to Sunday 27 2015

Location: Valentine Sports Park, Glenwood

Cost: \$250.00 (Inc. GST)

This camp will be held at Valentine Sports Park on the weekend prior to the tournament commencing. Players will travel to Coffs Harbour as a team by bus on the Sunday and will remain with FNSW thereafter for the duration of the tournament.



SELECTION PROCESS

Step 1: A group of identified players will be invited to attend a trial process that will run 2 times per week over 3 weeks in July 2014.

Step 2: Players may be released from trials at any stage during the selection period.

Step 3: At the conclusion of the selection trials, the final 16 will be selected, along with 4 shadow players who will continue to train and develop with the squad. In the event of injury a shadow player will be called into the team as a replacement.

event of injury a snadow player will be called into the team as a replacement.

Step 4: The final squad of 16 and 4 shadow players will train on a weekly basis. They will also attend a preparation camp as preparation for the National Youth

Championships.

Step 5: Only the final 16 selected players will be required to attend the Preparation

Camp and National Championships. Shadow players will be called upon only

if needed due to injury etc.

NOTIFICATION

Following each phase of the selection and development process, players will be notified by email to advise of their position and requirement to attend the following phase. Details for the next phase of the process will be provided to those successful.

FEEDBACK

All unsuccessful players released from the State Team selection process will be advised by FNSW via email. Feedback will be provided verbally by the Head Coach during all sessions and camps with specific technical and tactical feedback for all players. Should an unsuccessful player seek further feedback they may email nadines@footballnsw.com.au.

PLEASE NOTE THAT THE TRAINING SCHEDULE AND DETAILS PROVIDED HEREWITHIN ARE SUBJECT TO CHANGE. ANY CHANGES WILL BE NOTIFIED AT THE SOONEST CONVENIENCE VIA EMAIL.



SECTION 9: 2015 FNSW STATE TEAMS - NTC GIRLS

CALENDAR OF EVENTS

MONTH	Jan-15	Feb-15				Jun-15		Aug-15	Sep-15
WEEKEND (ending Sunday)	4 11 18 25	1 8 15 22	1 8 15 22 29	5 12 19 <mark>26</mark>	3 10 17 24 31	7 14 21 28	5 12 19 26	2 9 16 23 30	6 13 20 27
National Training Centre									
NTC Challenge Girls U/17								2 <mark>4-2</mark>	8

PRE-COMPETITION TRIALS AND TRAINING

June/July 2015

Activity: Trials

Location: Valentine Sports Park, Glenwood

August - Monday 24 to Friday 28 2015

Activity: FFA NTC Challenge
 Location: AIS Canberra ACT

SELECTION PHASE

Identified players from National Premier Leagues NSW Women's 1 & 2 competitions will be invited to attend a series of trials in June/July 2015. Following each trial, players may be released from the selection process. At the conclusion of the trial period, the final 18 players will be announced along with 4 shadow players who may be called upon if injury/illness require.

DEVELOPMENT/PREPARATION PHASE

The final 18 and 4 shadow players will be required to attend weekly sessions leading up to the tournament. Players will be advised upon selection of their weekly training schedule.

SELECTION PROCESS

Step 1: A group of identified players will be invited to attend a trial process that will run during June/July 2015.

Step 2: Players may be released from trials at any stage during the selection period.

Step 3: At the conclusion of the selection trials, the final 18 will be selected, along with 4 shadow players who will continue to train and develop with the squad. In the event of injury a shadow player will be called into the team as a replacement.

Step 4: The final squad of 18 and 4 shadow players will train on a weekly basis in preparation for the NTC Challenge.

Step 5: Only the final 18 selected players will be required to attend the NTC Challenge in Canberra. Shadow players will be called upon only if needed due to injury etc.



NOTIFICATION

Following each phase of the selection and development process, players will be notified by email to advise of their position and requirement to attend the following phase. Details for the next phase of the process will be provided to those successful.

FEEDBACK

All unsuccessful players released from the State Team selection process will be advised by FNSW via email. Feedback will be provided verbally by the Head Coach during all sessions and camps with specific technical and tactical feedback for all players. Should an unsuccessful player seek further feedback they may email nadines@footballnsw.com.au.

PLEASE NOTE THAT THE TRAINING SCHEDULE AND DETAILS PROVIDED HEREWITHIN ARE SUBJECT TO CHANGE. ANY CHANGES WILL BE NOTIFIED AT THE SOONEST CONVENIENCE VIA EMAIL.



SECTION 10: 2015 FNSW STATE TEAMS - NTC BOYS

CALENDAR OF EVENTS

MONTH	Jan-15	Feb-15	Mar-15	Apr-15	May-15	Jun-15	Jul-15	Aug-15	Sep-15	Oct-15	Nov-15	Dec-15
WEEKEND (ending Sunday)	4 11 18 25	1 8 15 22	1 8 15 22 29	5 12 19 26	3 10 17 24 31	7 1421 28	5 12 19 26	2 9 16 23 30	6 13 20 27	4 11 18 25	1 8 15 22 29	6 13 20 27
National Training Centre												
NTC Challenge Boys U/15											63	<mark>30-</mark> 4

PRE-COMPETITION TRIALS AND TRAINING

September/October 2015

Activity: Trials

Location: Valentine Sports Park, Glenwood

November/December - Monday 30 November to Friday 4 December 2015

Activity: FFA NTC Challenge
 Location: AIS Canberra ACT

SELECTION PHASE

Identified players from National Premier Leagues NSW Men's 1 and 2 will be invited to attend a series of trials in September/October 2015. Following each trial, players may be released from the selection process. At the conclusion of the trial period, the final 18 players will be announced along with 4 shadow players who may be called upon if injury/illness require.

DEVELOPMENT/PREPARATION PHASE

The final 18 and 4 shadow players will be required to attend weekly sessions leading up to the tournament. Players will be advised upon selection of their weekly training schedule.

SELECTION PROCESS

Step 1:	A group of identified players will be invited to attend a trial process that will run
	during September/October 2015.

- Step 2: Players may be released from trials at any stage during the selection period.
- Step 3: At the conclusion of the selection trials, the final 18 will be selected, along with 4 shadow players who will continue to train and develop with the squad. In the event of injury a shadow player will be called into the team as a replacement.
- Step 4: The final squad of 18 and 4 shadow players will train on a weekly basis in preparation for the NTC Challenge.
- Step 5: Only the final 18 selected players will be required to attend the NTC Challenge in Canberra. Shadow players will be called upon only if needed due to injury etc.



NOTIFICATION

Following each phase of the selection and development process, players will be notified by email to advise of their position and requirement to attend the following phase. Details for the next phase of the process will be provided to those successful.

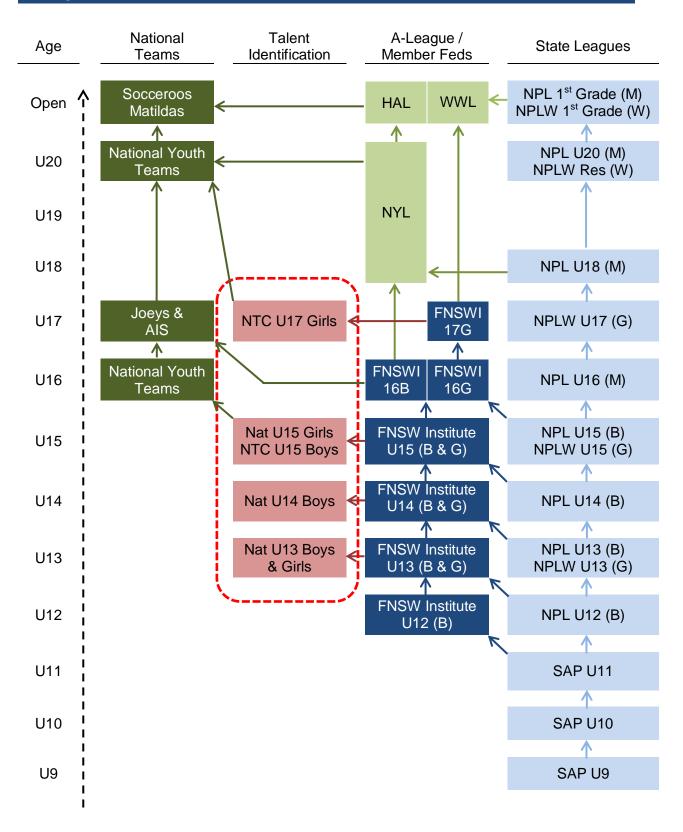
FEEDBACK

All unsuccessful players released from the State Team selection process will be advised by FNSW via email. Feedback will be provided verbally by the Head Coach during all sessions and camps with specific technical and tactical feedback for all players. Should an unsuccessful player seek further feedback they may email nadines@footballnsw.com.au.

PLEASE NOTE THAT THE TRAINING SCHEDULE AND DETAILS PROVIDED HEREWITHIN ARE SUBJECT TO CHANGE. ANY CHANGES WILL BE NOTIFIED AT THE SOONEST CONVENIENCE VIA EMAIL.



SECTION 11: 2015 FNSW STATE TEAMS – RELATIONSHIP TO THE FFA INTEGRATED TALENTED PLAYER PATHWAY

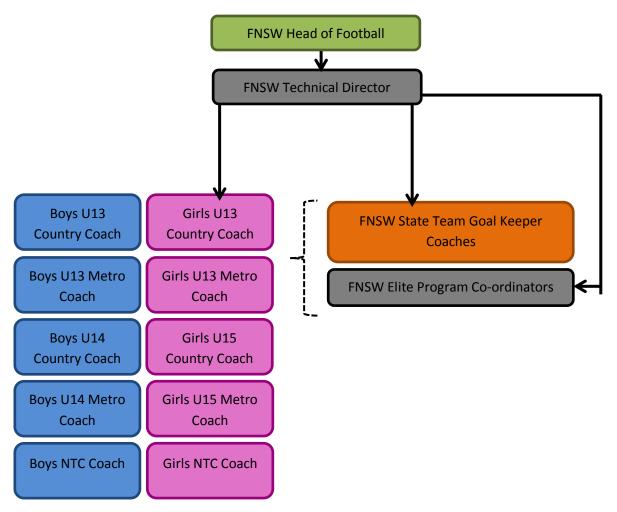




SECTION 12: 2015 FNSW STATE TEAMS - RESOURCING

ORGANISATION CHART

Following is the organisation chart supporting the FNSW State Teams.



FNSW STATE TECHNICAL DIRECTOR

The FNSW State Technical Director will oversee the operations of FNSW State Teams and will work closely with the FNSW State Team coaches and Elite Program Administrators to ensure that the appropriate learning environment is consistent with the National framework and desired outcomes. The FNSW State Technical Director will manage the FNSW State Team coaches and FNSW Elite Program Administrators.

FNSW ADMINISTRATION

FNSW have two (2) full time staff members to manage the FNSW State Team program. The positions will provide all of the administrative support required by the teams, including but not limited to; advertising, registrations, communications, venue bookings and program/camp schedules.

The FNSW Elite Program Administrators will attend all camps and the relevant National Championships to provide organisational support to all FNSW State Team staff and players.



FNSW STATE TEAM COACHES

The FNSW State Team coaches will be employed by FNSW.

The FNSW State Team coaches will report directly to the FNSW State Technical Director and provide the best possible learning environment to the players in line with the FFA National Curriculum.

The Goal Keeper coaches will work with all selected coaches in the boys and girls teams.

FNSW Metropolitan State and NTC Challenge teams will, in most cases, be coached by the FNSW Institute coach that has led the respective age group team. This position ensures:

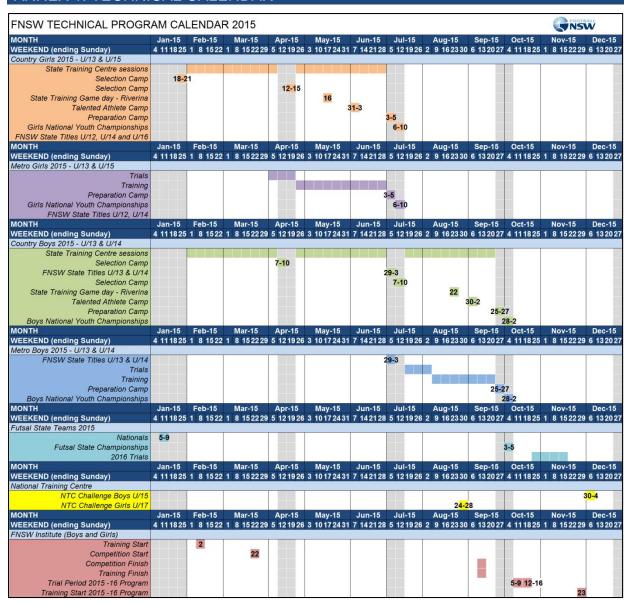
- A consistent training environment from FNSW Institute to State Teams.
- Appointment of best identified coaches to guide the best identified players; and
- Maximised preparation time for FNSW players leading into the National Championships and NTC challenge.

AUXILIARY STAFF

FNSW will appoint Auxiliary staff to support the Head Coach and Goal Keeper Coach during the selection and preparation camps and the National Championships, including; medical support (i.e. Certified Sports Trainers or Physiotherapists), Manager, and Assistant Coach.



ANNEX 1: TECHNICAL CALENDAR





ANNEX 2: FNSW STATE TEAM CULTURE

Developing a team culture is of high importance to FNSW to develop an environment within the program that not only develops a player's footballing talent, but also enables leadership qualities and individual responsibility on a personal level.

Developing effective team culture is achieved by establishing leaders within the team. The goal and objective is to identify a leadership group for each team.

Traditionally, football teams have one leader, a captain, appointed by the coach. Whilst maintaining the importance of leaders within a team, FNSW believes establishing a group as opposed to an individual to lead the team is far more effective. Reasons for this are;

- Increase leadership responsibilities amongst the team
- Enabling more than one leader on the field at any one time
- The ability to challenge members of the team without excluding one member alone

In the FNSW State Team Program the leadership group is appointed by their peers through a voting system. In addition to identifying leaders, the process is important in developing and fostering players for future representative teams.

ESTABLISHING THE LEADERSHIP GROUP

- Step 1: Players will complete a leadership nomination form. Players elect fellow team mates on who they identify as a leader in the squad. The point system is a 3,2,1 based system.
- Step 2: A Leadership group will be formed of between 3-4 players. One player will be appointed team Captain within that leadership group.
- Step 3: Tasks will be assigned to the leadership group: individual roles to each person within the team as well as to the leadership group as a whole

MENTORING THE LEADERSHIP GROUP

The head coach and staff will mentor the leadership group throughout the training process and competition. The head coach will have team meetings after training/camps/competition. The meeting are conducted with all staff and involve the head coach address, leadership group agenda items followed by a quick individual verbal assessment to the group.



ANNEX 3: FNSW STATE TEAM AGREEMENT

TERMS AND CONDITIONS FOR PARTICIPATION IN A FOOTBALL NSW STATE TEAM

I/We, being the parent or legal guardian of the participant, agree to the following terms and conditions for participation of my/our child or dependent in the Football NSW State Teams:

1. FOOTBALL NSW OBLIGATIONS

Football NSW agrees to:

- (a) to provide experienced Football NSW coaches. All coaches will follow a detailed program designed by Football NSW and Football Federation Australia;
- (b) provide suitable training facilities;
- (c) provide training equipment such as cones, bibs, balls, poles, shooting net and training aids, which are an essential part of the program;
- (d) supply personal equipment for members of the squad, which may include a jacket, playing strip, bag and shorts.
- (e) provide full support to all players which are under our care in accordance with our policies which can be viewed the Football NSW webpages;
- (f) comply with policies and regulations applicable to working with children; and
- (g) act in a professional manner at all times.

2. SELECTION OF PLAYERS

The Player agrees that Football NSW will make decisions in regards to the selection of players to participate in the Football NSW State Team. Any decision made by Football NSW is final and not subject to appeal or grievance.

3. PLAYER OBLIGATIONS

The Player agrees to:

- (b) attend all training sessions as directed by the Football NSW State Technical Director; Head Coach or appointed assistant coaches;
- (c) maintain all personal items (boots, ball, uniform etc.) in good condition;
- (d) behave in a responsible and dignified manner and wear the official squad uniform when representing Football NSW and its sponsors;
- (e) let the coach know when you cannot make training;
- (f) accept all disciplinary measures including suspension and/or termination of my squad selection:
- (g) accept all selection decisions made by Football NSW;
- (h) always listen to the coach and help wherever you can during sessions;
- (i) always follow the rules for players;
- (j) never to bully or make other people feel bad;
- (k) display and encourage good sportsmanship;
- (I) respect the decisions of match officials;
- (m) try my hardest at every training session/game;
- (n) if I get injured at training or in a game, I will always tell my coach;
- (o) exhibit exemplary behaviour at all times and will leave all areas (including fields, benches, dressing rooms, hotels and buses) in the same condition when they arrived;



- (p) if Players wishing to arrive or depart outside the advised hours should make their intentions known to Football NSW Elite Program Administrator, prior to their arrival;
- (q) Players will not be permitted to leave the Camp unless approved by the relevant Team Manager and Football NSW and with the written consent of the Player's parent/guardian;
- (r) Players shall dress appropriately at all times;
- (s) at no time are visitors permitted in players rooms;
- (t) at no time are other players allowed in each-others rooms except in the case where they are sharing rooms;
- (u) persons visiting Players must advise the relevant Team Manager of their presence, on arrival at the camp;
- (v) once selected as a member or stand-by member of a State Team, should a player be injured or suffer an illness they MUST notify FNSW within 24 hours advising:
 - I. nature of injury or illness.
 - II. medical attention being received.
 - III. anticipated duration of inability.
 - IV. a Medical Certificate from the treating medical practitioner is required.
 - V. Following such notice the player shall require a medical clearance from the treating medical practitioner clearing them to resume training/playing activities.

4. PARENT/GUARDIAN OBLIGATIONS

The parent or guardian agrees to:

- (a) review the obligations of the Player with his or her child under this Agreement;
- (b) support his or her child, teammates, and the coach's efforts at all times;
- (c) respect the opponent players, coaches, supporters and team officials at all times;
- (w) accept all selection decisions made by Football NSW;
- (a) respect the decisions of the match officials and assistance match officials at all times;
- (b) encourage its child and his/her teammates;
- (c) refrain from providing instructions to the players or team;
- (d) get my child to training sessions and games on time and prepared;
- (e) discuss any issues with his or her child privately at a time away from the game, teammates, and spectators;
- (f) inform coaches in advance of any training or games his or her child will miss or may arrive late to:
- (g) refrain from making negative comments to parents, players and spectators regarding State Team coaches, officials, administrators and or Football NSW programs and pathways;
- (h) avoid any confrontation with match officials, coaches, or opposing team parents and refrain from any unsporting and poor parenting behaviour including verbal or physical abuse of players, coaches, game officials, and spectator at practices, before, during, and after games;
- (i) to comply with all training sessions as directed by the Football NSW Director, Head Coach or appointed assistant State Team coaches. Compulsory attendance of 90% must be maintained in order to maintain a position in the State Team;



- (j) to ensure his or her child's personal health habits are maintained conducive to sporting excellence;
- (k) to encourage his or her child to maintain all personal items (boots, ball, uniform etc) in good condition;
- (I) to advise the Head Coach/Squad Manager in writing, of any period, which his or her child shall be absent from regular squad training:
- (m) abide by the rules and codes of conduct of the sport as determined from time to time. These may be read at the Football NSW website or available upon request;
- (n) in the case of wet weather or extreme heat, the Parent or Guardian will check the Football NSW web page (www.footballnsw.com.au) or my nominated SMS number between the hours of 3-4pm on the day of training;
- (o) observe that there is to be no unauthorized use of Football NSW State Team Squad uniform; and
- (p) address any matters of concern in writing to the team coach or Football NSW State Technical Director.

5. PROHIBITED ITEMS

Unless otherwise agreed by Football NSW, the following items are prohibited:

- (q) use or possession of alcohol;
- (r) use or possession of tobacco products;
- (s) use or possession of illegal drugs;
- (t) fireworks;
- (u) weapons of any description;
- (v) mobile phones except during an allocated period determined by Football NSW which shall be no more than ½ hour and its use is for the contact of the child's parents or guardian;
- (w) wi-fi/wireless devices except during an allocated period determined by Football NSW;
- (x) use or possession of prescription and/or non-prescription drugs/medication will require written confirmation from the Player's family medical practitioner. These drugs/medication are to be surrendered, on arrival, to the relevant Team Trainer and shall be disbursed in line with the written requirements of the family medical practitioner; and
- (y) personal music systems, iPod/MP3 etc. are permitted for personal use only.

6. RISK

- (a) Football is at times a physical, contact sport. By registering your child/dependent, the parent/legal guardian agrees and acknowledges that his or her child/dependent is fit to participate in all activities for the Football NSW State Teams.
- (b) As the parent/guardian of the child, you agree that the programs, activities, games and training elements are hazardous by nature and you assume all risks of injuries arising from participation.
- (c) The parent/legal guardian agrees to release, indemnify and hold harmless Football NSW and its directors, employees and representatives from any claim, demand or action arising in connection with the child/dependent's participation.

7. WARNING UNDER AUSTRALIAN CONSUMER LAW

Under Australian customer laws several conditions are implied into contracts for the supply of certain goods and services. These conditions mean that Football NSW is required to ensure that the recreational services it supplies to the participant are:



- (a) rendered with due care and skill;
- (b) as fit for the purpose for which they are commonly bought as it is reasonable to expect in the circumstances: and
- (c) reasonably fit for any particular purpose or might reasonably be expected to achieve any result you have made known to Football NSW.

8. ACCIDENT SUPPORT PROGRAM

Football NSW sanctions all Football NSW State Teams it administers and as such the parent/legal guardian acknowledges that his or her child/dependent will be covered under the Football NSW Accident Support Program. A copy of the Accident Support Program can be found by clicking here.

9. PRIVACY

Football NSW uses your child's personal information for its internal administration purposes only and your data is stored in accordance with Football NSW's privacy policy which can be located on Football NSW's website. A copy of the Football NSW privacy policy can be found by clicking here.

10. MARKETING

The parent/legal guardian agrees to give Football NSW or its representative's permission to take photographs of his/her child/dependent for promotional purposes and to print or upload on Football NSW publication. Please inform Football NSW should you wish your child/dependent to be excluded from photography.

11. LOST PROPERTY

The parent/legal guardian agrees that Football NSW is not responsible for the property of the child/dependent or the parent/legal guardian. Any property left unattended at the conclusion of a match or training session will be collected by Football NSW and retained for a period of one (1) month after which Football NSW shall donate to charity if not collected.

12. SAFETY

The parent/legal guardian agrees that his or her child will participate or be involved in a Football NSW State Team only in accordance with safety instructions, rules and suggestions presented by a representative of Football NSW from time to time. A failure to follow such instructions will warrant the Player's removal from a Football NSW State Team.

13. MEDICAL

The parent/legal guardian agrees that his or her child has no disability, impairment or condition which would prevent it from being involved or participating in a Football NSW State Team or would be detrimental to its health, safety, comfort or physical condition. If a child has a disability, impairment or condition, then a parent/guardian should disclose that to Football NSW immediately.

14. POLICIES AND REGULATIONS

The parent/legal guardian agrees to be bound by and comply with all policies, rules, regulations and directions issued by Football NSW from time to time.

15. DISCIPLINARY ACTION

If a Player is caught in possession of any prohibited item under this Agreement or displays inappropriate behaviour, Football NSW shall investigate the matter and, in its absolute discretion, determine whether to suspend (for a period of time), not select or terminate the Player's participation in the Football NSW State Team. A decision made by Football NSW is not subject for review or appeal.



16. REFUND OF REGISTRATION MONIES

A Player may apply to Football NSW for a refund of registration monies in the following circumstances:

- (a) where a Player gets injured and cannot participate any further in the Football NSW State Team;
- (b) where a Player no longer wishes to participate in the Football NSW State Team; and
- (c) cancellation or changes to the location or time of a camp.

For the avoidance of doubt, a Player that has been disciplined by Football NSW and subsequently been terminated to participate any further in the Football NSW State team, cannot apply for a refund.

A Player must make a written application to Football NSW for a refund. A decision made by Football NSW is final and not subject for review.

Agreed and confirmed:		
	Dated:	
Player's Name		
	Dated:	
Parent/Guardian:		